

Gyms, Recreation Centers and Indoor Pools

During the Safer at Home Order

Applies to:

- Fitness centers, recreation centers, indoor pools, bowling alleys, fitness classes
- Including facilities that are within Homeowners Associations, apartment complexes, and hotels

Operating Requirements

- Staff:
 - Wear face coverings when safe to do so
 - Conduct symptom checks upon beginning shift
 - Do not allow ill staff members to come to work
- Facility operations:
 - Occupancy based on facility type:
 - Individual rooms are limited to the lesser of 25% occupancy or 50 people per room provided adequate distancing is maintained
 - Consider implementing a reservation system:
 - Space out visitors' attendance, aid in contact tracing and allow equitable use of the facility
 - Proper Social Distancing:
 - Gym and recreation centers:
 - Discourage shared equipment, clean and disinfect between uses
 - Maximize ventilation using fans and opening windows
 - Indoor Pools:
 - Encourage limiting pool use to lap swim
 - If permitting general swim take necessary precautions to limit in-pool interactions
 - Provide physical and visual cues for social distancing

- Facility amenities:
 - Restrooms and showers remain open for use
 - Lockers should be closed
 - Congregation in enclosed spaces should not be allowed

General Guidance

- People who are experiencing COVID-19 symptoms, or have a family member who is experiencing the symptoms, should stay home
- Ask participants to wear a face covering when it's safe to do so
- Post signage outlining good hand/respiratory hygiene, safety and social distancing
- Provide access to hand hygiene supplies like hand sanitizer and soap and water
- Clean and disinfect high touch surfaces between uses including:
 - Surfaces in restrooms/locker rooms
 - Handrails, chairs, tables

This guidance is intended to provide a summary of applicable provisions of CDPHE Amended Public Health Order 20-28 and does not contain all of the requirements set forth therein. In addition, while every effort will be made to keep the information in this guidance current, Public Health Orders may be amended from time to time. Please review the most recent version of Public Health Order 20-28 Safer at Home on CDPHE's COVID-19 website. If there are any conflicts between the Public Health Order and this guidance, the Public Health Order controls.