

El Paso County Public Health COVID-19 School and Child Care Supplemental Guidance



This guidance was updated on 10/08/2021

El Paso County Public Health (EPCPH) will not be adopting the Colorado Department of Public Health and Environment's (CDPHE) change in distance for determining a close contact of a case. EPCPH will continue to follow previous guidance identifying a close contact in a typical classroom setting as anyone that was within three feet of an individual for 15 minutes over a 24-hour period. This determination is consistent with the priority to support in-person education while also mitigating disease burden in the classroom.

Summary of recent changes to school guidance

CDPHE's Practical Guide for Operationalizing CDC's School Guidance can be found [here](#).

On Sept. 10, CDPHE updated their school guidance with a number of changes:

- Updated to recommend universal indoor masking for all students, staff, teachers, and visitors to K-12 schools, regardless of vaccination status and at all levels of community transmission.
- Updated "Table: Criteria for Reduced Quarantine" to remove the community vaccination metric for shifting to use of reduced quarantine for typical classroom exposures.
- Updated "Table: Criteria for Reduced Quarantine" to increase the threshold for high rates of school community COVID-19 vaccination from 70 percent to 80 percent.
- Added new language emphasizing the importance of improving ventilation and air filtration in reducing the risk of COVID-19 transmission.
- Clarified recommendations for quarantine determinations based on distance and masking in typical classroom and non-classroom settings in both the body of the guidance and in the updated "Who Needs to Quarantine" tool.

On Aug. 20, CDPHE updated their school guidance to clarify that under state statute, single cases are required to be reported to Public Health.

Overview

The purpose of this document is to provide schools and child care facilities with an understanding of reporting requirements, as well as best practices and recommendations for disease prevention, and how EPCPH can assist. Using a layered approach to the recommended prevention strategies in this document is essential to prevent the spread of COVID-19 and to promote the health and well-being of our school and child care communities. As EPCPH works with schools and child care facilities to keep students healthy and engaged in learning during this school year, public health recommendations will continue to be based on current scientific understanding of COVID-19 with the priority of keeping students and their families, faculty and the broader community safe.

EPCPH hopes to continue the strong relationships developed with our school and child care partners into the 2021-2022 school year. EPCPH will continue to have a dedicated team available to discuss requirements, specific scenarios, and best practice recommendations. EPCPH will continue to keep our partners up-to-date regarding public health guidance, as well as any applicable public health orders or other legal requirements.

EPCPH appreciates the collaborative efforts from our school partners to help create safe learning environments, reduce the transmission of COVID-19, and protect the health of our students, staff, teachers and communities.

Questions?

EPCPH's team of dedicated experts is available to answer questions:

- During business hours, you can reach us at (719) 578-3220.
- During nights and weekends, you can reach us at (719) 235-2278.
- You can also email our schools team at schoolscovid19@elpasoco.com.

Reporting Requirements

- Per [6 CCR 1009-1](#) and [Public Health Order 20-33](#), clinical labs and/or health care providers are required to report all COVID-19 test results, both positive and negative, to EPCPH. If school personnel perform and interpret rapid testing on-site, they are functioning as a clinical lab and are required to report all results. [Per 6 CCR 1009-1](#), schools and child care facilities are also required to report single cases of which they become aware to EPCPH, even if testing was performed elsewhere. Schools are able to disclose this information to EPCPH without prior written consent under FERPA's health or safety emergency exception, because a person with COVID-19 represents a potential threat to the health and safety of others at the school. This is true even if there is not an outbreak.
 - Schools and child care facilities are required to report all outbreaks to their local public health agency or CDPHE within four hours per 6 CCR 1009-1.
 - Schools and child care providers must report both suspected and confirmed outbreaks.
- In the event of a positive COVID-19 case, please notify EPCPH via email or phone call:
 - Routine business hours (must leave a voicemail): (719) 578-3220.
 - After-hours/weekends (please leave a voicemail): (719) 235-2278.
 - By encrypted email: schoolscovid19@elpasoco.com.
 - Through the online reporting tool, found [here](#).
- In Colorado, schools and child care facilities are required to follow these rules and regulations for communicable diseases:
 - [Rules and Regulations Governing the Health and Sanitation of Child Care Facilities in the State of Colorado](#).
 - [Rules and Regulations Governing Schools in the State of Colorado](#).
 - [Infectious Disease Guidelines and Disease Reporting Requirements, for all Infectious Diseases Including COVID](#).

Mask Requirements

- The Centers for Disease Control and Prevention **requires face coverings** for those aged 2 and above on all public transportation regardless of vaccine status. This includes drivers and passengers on school buses unless the bus driver is riding in the school bus alone.

How EPCPH Will Assist

What School and Child Care Partners Can Expect From EPCPH

- Local public health has statutory responsibility to require isolation and quarantine; EPCPH will complete this process and provide instructions for quarantine and/or isolation as needed.
- Schools and child care facilities that prefer to continue their current internal contact tracing and notification processes may continue to do so. EPCPH will provide technical assistance and/or training as needed.
- If schools or child care facilities choose to end contact tracing and exposure notifications within their communities, EPCPH will complete any necessary case investigations and contact tracing.

How School and Child Care Partners Can Work With EPCPH

- Provide a preferred point of contact (POC) or “COVID coordinator” for your district or facility to EPCPH. If you have a different COVID coordinator from last year, please ensure EPCPH has the most up-to-date contact information.
- EPCPH will continue our notification process by email or phone to POCs within each school or child care facility of confirmed or probable cases who worked or attended school in-person during their infectious period.
- Be prepared to collect and provide a list of close contacts to EPCPH such that our case investigation and contact tracing team can complete contact tracing and notify exposed individuals to quarantine.

When EPCPH is Notified of a COVID-19 Positive Case

- EPCPH will notify the COVID coordinator, child care director, or best point of contact for the facility in the event an exposure occurred at school or child care via email or phone call.
- If EPCPH will be completing contact tracing:
 - The school or child care facility will be asked to provide a list of individuals who are considered close contacts and develop a notification plan along with EPCPH.
 - Local public health has statutory responsibility to require isolation and quarantine of confirmed and probable cases along with their close contacts and EPCPH will complete this process and provide instructions for quarantine and/or isolation as needed.
- More detailed information on quarantine and isolation can be found in **Appendix A** of this document.

Length of quarantine?	Is testing required?	Who should use this option?
14 days	No	People who have regular close contact with high-risk individuals. This includes people who live or work in residential or congregate living facilities.
10 days	No	This quarantine period is appropriate for most people who do not have contact with high-risk individuals.
7 days	Yes	The 7-day quarantine with testing is the least preferred option and not recommended by EPCPH in most cases. People who do not have contact with high-risk individuals and have a negative test collected 48 hours before the quarantine is discontinued (on day 5 or later).

Public Health Recommendations and Best Practices

Given our current understanding of the virus and its transmission, these are the practical actions that are proven to reduce spread of the virus, which will help keep students, families, and faculty safe and allow continuity of in-person education while limiting the potential for disease transmission.

- **Vaccinations:** The Pfizer COVID-19 vaccine has been approved for individuals 16 and older, and it remains authorized under Emergency Use Authorization for individuals 12-15 years old. The Moderna and Johnson & Johnson vaccines have been authorized for those 18 and older. The vaccine is the strongest tool we have in the prevention of COVID-19. EPCPH encourages vaccination for all those who are eligible to receive it. For more information about the COVID-19 vaccines and locations, visit [EPCPH's website](#). Schools and community organizations can request an onsite vaccine event or mobile vaccine clinic by filling out the request form [here](#).
 - It is critical that schools and families do everything they can to keep student and faculty populations healthy to minimize disease spread and keep kids and teachers healthy and in school. Increased vaccinations within schools can assist in keeping students safe from other circulating respiratory diseases.
- **Symptom screening:**
 - Students, staff, and teachers who are experiencing symptoms of a communicable disease should stay home from school or child care, seek guidance from their health care provider, and possibly pursue testing for COVID-19. EPCPH encourages symptom screening each day prior to attending school or child care.
 - If a child or student arrives at school or to a child care facility and appears ill, EPCPH recommends they should be kept separate from other staff and students and parents contacted immediately. Individuals caring for ill students or staff are recommended to be dressed in proper personal protective equipment (PPE), including N95 mask, gown, and gloves.
 - Common symptoms of COVID-19 can be found [here](#).
 - If there is a concern for COVID-19 or another communicable disease, please consult with EPCPH's Communicable Disease Program at 719-578-3220 or after hours at 719-235-2278. Please leave a message for the quickest response. There is also an EPCPH inbox specific to school questions: schoolscovid19@elpasoco.com.
- **Encourage staff and students to stay home when they are sick:** Identifying and separating students/staff exhibiting illness is critical to prevent the spread of disease. This requires clear expectations and communication with parents and staff. Consider implementing policies that allow ill employees the flexibility to stay home when sick.
- **Mask use:** Wearing a mask helps to significantly reduce disease transmission. Face coverings can be a critical component of disease mitigation when physical distancing cannot be maintained. CDC and CDPHE recommends universal indoor masking for all teachers, staff, students, and visitors to K-12 schools, regardless of vaccination status. Please see the most recent [CDPHE](#) and [CDC](#) guidance concerning updates, changes, or special circumstances concerning mask use in K-12 education.
- **Testing:** To minimize barriers to testing, all schools should identify PCR or antigen testing site options for referral of symptomatic students and faculty. The most up-to-date list of community testing sites in El Paso County can be found on EPCPH's website [here](#).
- **Hand hygiene:** Frequent and thorough hand washing before and after touching shared surfaces, eating, using the restroom, entering or exiting classrooms or touching of the face, mouth, nose, or mask along with

appropriate education on proper washing is key.

- **Distancing:** CDC recommends schools maintain at least three feet of distancing in addition to mask use in school settings for unvaccinated individuals. For more information, please review the [CDC K-12 school guidance](#).
- **Cohort style learning:** Limiting child-to-child interaction, particularly in children who are not yet eligible to be vaccinated, to a fixed, known group helps prevent spread of the virus between larger populations of children. Additionally, limiting interactions is also a critical tool in limiting the number of students potentially exposed, which require quarantine and exclusion from in-person learning. This strategy is important to the continuity of in-person learning and can be accomplished in many possible ways but will need to be age- and environment-appropriate. Note: Larger cohorts may result in larger numbers of students who will be asked to quarantine should a cohort member test positive for COVID-19.
 - Limit classes to as few students as staffing, space, and resources allow.
 - Keep students stationary and rotate teachers.
 - Cohort larger classes by recess, lunch, physical education, transportation etc.
 - Use assigned seating in all activities.
 - Consider hybrid learning approaches for older students to decrease cohort size.
- **Promote touch-free surfaces:** Reduce the frequency of touching surfaces or have dedicated supplies for each student.
- **Enhanced cleaning:** Use Environmental Protection Agency (EPA)-approved cleaners and disinfectants for COVID-19, including but not limited to diluted bleach, 70 percent alcohol solutions, or other approved products for all touchable surfaces as indicated by the manufacturer. Disinfectants must also meet the requirements of the applicable school or child care regulations. Understand that many of the products are not appropriate for use by or in contact with young children. Ensure that the manufacturer's recommendations, including concentration and contact time, for each product is being followed to allow for adequate disinfection.
- **Airflow/ventilation/air filtration:** Utilizing outdoor or open spaces as much as possible decreases the likelihood of high-dose exposure of infectious particles. Creative use of sports fields or outdoor school space is strongly encouraged. In indoor environments, opening of windows, use of fans, or increasing outdoor sourced ventilation is an effective means of reducing transmission, as is improved air filtration. Nearly all large, publicized outbreaks are in indoor settings without spacing or face coverings and with minimal air movement.
 - When there is a public health crisis such as a pandemic, additional modifications to school operations are necessary; however, the fire code still must be adhered to.
 - Fire doors serve an important purpose in the event of a fire and can help to contain heat and smoke. Fire doors should be utilized in the manner intended and in accordance with the fire codes within the school's jurisdiction.
 - More information regarding Maintaining Fire Safety During a Pandemic can be found here: [Maintaining a Fire Safe School During a Pandemic](#).

Recommended tests include:

- Qualitative PCR or,
- Molecular tests like Abbott ID NOW.
 - *These tests do not require confirmatory testing; PCR is considered the gold standard test and is*

preferred when available.

OR Antigen Point of Care (POC) or rapid tests such as:

- BinaxNOW
 - *Will almost always require confirmatory PCR for negative results.*

****** All positive results are considered cases and do not require confirmatory testing. A negative test result cannot override a positive test result when determining appropriate quarantine and/or isolation recommendations

Other Considerations

Schools should evaluate the means available to them to support the emotional and mental health of the school community. Schools should develop tools and protocols (such as regularly scheduled check-ins, peer mentorship, individual learning plans/goal setting and outreach for identified concerns) to support the school community. Some community resources for managing mental and emotional needs can be found [here](#).

COVID-19 Related Closures

The success of our schools' and child care facilities ability to safely sustain in-person learning this year will be driven largely by our community's success in preventing spread in greater El Paso County as well as the schools' and child care facilities' capacity to implement the above recommended preventative measures. Therefore, we must consider community-wide transmission rates as well as our hospital and public health capacity when determining whether in-person school is safe and reasonable.

- There is no formula for when a facility may need to consider a temporary pivot to e-learning. It may be a facility decision if it is determined that operations are not feasible due to reasons such as low staffing. For other scenarios, it would ultimately be a conversation between the facility and EPCPH on whether switching to e-learning is recommended to prevent ongoing COVID-19 transmission.

COVID-19 Related Special Topics

Throughout the pandemic, schools have been flexible and adaptable and have successfully implemented many layers of protection for their school community. Below are additional measures that can be considered in your layered approach to prevention of disease transmission.

Bus transportation: Access to transportation is critical for schools and enhanced safety recommendations include the following:

- Encourage non-shared forms of transportation for families who are able.
- Ride sharing can be an effective option but would require considerations of cohorting.
- For children who require bus transportation, to reduce transmission, consider keeping windows open for ventilation, seating siblings together, cohorting by class, assigned seating, one person per seat if non-household contacts, or skipping rows (if appropriate or feasible) in combination or separately.
- Per the [CDC Order](#) for public transportation, which is subject to applicable exemptions and exclusions, bus drivers and passengers must wear a mask if aged 2 and up. Bus interiors should be disinfected regularly and modified to minimize high-touch surfaces. Inability to identify exposed individuals and implement appropriate cohorting will result in the need to exclude a greater number of students and/or staff.

Class size: Currently, no definitive national or state guidelines exist regarding maximum class size or teacher to student ratios with respect to COVID-19. Schools are strongly encouraged to plan for the maximum spacing and minimal cohort size that is achievable given staffing, classroom space, school population, age, and activity. In situations where ideal spacing is not achievable, layered prevention strategies such as masking should be utilized. Keep in mind that the recommendation to limit the number of students and staff in cohorts will again lower the number of people needing to be excluded.

Recess: Free play and physical activity is critical to our youth's mental, physical, and social well-being. It is very challenging to maintain physical distancing in these environments, so cohorting of small playgroups, outdoor play, or organizing activities that encourage alternate forms of play such as running or 'shadow tag' are strongly encouraged.

Field trips: Experiential learning and application of knowledge are important to real world learning. Outdoors is much safer than indoors, so adventure is encouraged. Group transportation can be a challenge, so bus safety, masks, open windows, cohorting, and appropriate mitigation strategies for the destination are critical. Local hikes or trips around school grounds may offer benefits without the inherent risk of traditional field trips.

School lunches: There is no evidence that COVID-19 is transmissible through food. However, the traditional communal eating experience of school lunch carries an increased risk of disease transmission. If cafeteria seating is necessary, effective strategies include staggered lunch shifts, spaced tables, cohorting, seating assignments, and physically distanced lines and seating arrangements.

Staff meetings or staff-only activities: It is suggested that schools keep groups of staff to a minimum. Physical distancing and face coverings are recommended during staff meetings and staff-only activities.

Visitors: Best practice is to limit the number of visitors, guest speakers, parents, or non-essential personnel. It is recommended that child cares follow the current visitor guidance issued by the Colorado Department of Human Services (CDHS) and CDPHE.

Sports and Extracurriculars: Participating in sports and extracurriculars with and against other individuals, in any capacity during this pandemic, holds an inherent risk of possible infection for participants and risk of transmission to other individuals, such as their household members. Adherence to public health guidance is recommended to minimize risk and disruptions to scheduled activities. Organizers should be familiar with recommendations from their national, state, and local governing bodies regarding illness (including, but not limited to, COVID-19).

While the risk of viral transmission or an outbreak can never be eliminated, the consistent, appropriate, and strategic application of the prevention and mitigation strategies described above give each school the optimal chance at a successful 2021-2022 academic school year. This guidance will be updated when additional scientific or regulatory standards become available.

Resources

CDPHE, COVID-19 School Guidance

<https://covid19.colorado.gov/practical-guide-for-operationalizing-cdc-school-guidance>

Children's Hospital Colorado, Coronavirus (COVID-19) Resources

<https://www.childrenscolorado.org/conditions-and-advice/coronavirus-covid19-resources-updates/>

CDPHE, Vaccine Information

<https://covid19.colorado.gov/vaccine>

CDPHE, How to Quarantine

<https://covid19.colorado.gov/how-to-quarantine>

CDC, Guidance for COVID-19 Prevention in K-12 Schools

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html>



Appendix A: Quarantine and Isolation Requirements

El Paso County Public Health (EPCPH) and school leaders share a common goal of maintaining in-person education, which supports the safety, physical health, mental health and wellness of all children and youth in El Paso County. Isolation of ill individuals and quarantine of known contacts are important tools in preventing the spread of COVID-19 and maintaining the health and safety of school environments.

Consistent with the [Colorado Department of Public Health and Environment's \(CDPHE\) guidance](#) and in accordance with [Board of Health Rule 6 CCR 1009-1](#), EPCPH will continue to require isolation and quarantine to limit the transmission and spread of infectious diseases. Isolation and quarantine are **required** by state law, including the provisions in Colorado Revised Statute 25-1-114. Schools are required by state law to follow these isolation and quarantine requirements for their staff, teachers, employees, and students.

To achieve safe and healthy in-person learning, we need your consistent cooperation with the following:

- COVID-19 confirmed and probable cases must complete isolation. Cases need to isolate until **all three** of the following criteria have been met:
 - 10 days have passed from the symptom onset date (or date of positive test if asymptomatic or symptom onset date is unknown),
 - **AND** fever free for 24 hours without the use of fever-reducing medicine,
 - **AND** improvement in symptoms.
- Close contacts of confirmed and probable cases of COVID-19 must complete quarantine.
 - A close contact in a traditional classroom setting is defined as someone who:
 - Was within three feet for 15 cumulative minutes over a 24 hour period, OR
 - Lives in the same household, OR
 - Sleeps in the same space (e.g., roommate), OR
 - Had direct contact with sick individuals, OR
 - Is identified as a close contact based on public health determination
 - Quarantine is required for the timeframes listed on the following page. Please note, the length of quarantine below includes the last day an individual should be excluded, i.e., an individual must quarantine for the full seven days and will be eligible to return on day eight, as long as they are asymptomatic with a negative test result.

Length of quarantine?	Is testing required?	Who should use this option?
14 days	No	People who have regular close contact with high-risk individuals. This includes people who live or work in residential or congregate living facilities.
10 days	No	This quarantine period is appropriate for most people who do not have contact with high-risk individuals.
7 days	Yes	The 7-day quarantine with testing is the least preferred option and not recommended by EPCPH in most cases. People who do not have contact with high-risk individuals and have a negative test collected 48 hours before the quarantine is discontinued (on day 5 or later).

- Once a close contact of a confirmed or probable case of COVID-19 is identified, they are required to quarantine unless they meet one of the below exemptions:
 - Both the COVID-19 case and close contact are MASKED; OR
 - The close contact is fully vaccinated; OR
 - The close contact has had a positive COVID-19 test within 90 days of exposure to the COVID-19 positive individual.
- Please note, a face shield is not sufficient to exempt an individual from quarantine.

Please see below for county population, school community and individual protections that may impact quarantine decisions.

County Population Protections	School Community Protections	Individual Protections
Low community transmission <ul style="list-style-type: none"> • Counties with <35 cases per 100K per 7 days • Find county-level transmission data 	High rates of school community COVID-19 vaccination <ul style="list-style-type: none"> • ≥80% of staff and students aged 12 and older with at least one COVID-19 vaccination OR High rates of weekly school screening testing <ul style="list-style-type: none"> • ≥70% of unvaccinated staff and students participating in weekly testing 	Fully vaccinated (two weeks after last recommended vaccine dose) OR Previously positive in the past 90 days OR Participating in weekly screening testing OR Both parties wearing a mask at the time of exposure
Quarantine of close contacts does not need to be required by local public health authorities for routine classroom exposures if any of the above are met by the county, school or individual considered a close contact.		

There are many resources available in El Paso County to assist schools and individuals.

- **COVID-19 vaccinations**

- With more than 30 providers and over 100 convenient locations to get vaccinated in El Paso County, it is free, easy and convenient to get a COVID-19 vaccine. Get connected to a provider here: www.elpasocountyhealth.org/how-can-i-get-a-vaccine.
 - Schools, businesses and community organizations can request a mobile vaccine clinic to come to your location by filing out the request form found [here](#).
- **COVID-19 testing**
 - There are several free, community-based COVID-19 testing sites in El Paso County: www.elpasocountyhealth.org/covid-19-testing-information.
 - NOTE: The Chapel Hills and Citadel Mall sites offer both COVID-19 tests and COVID-19 vaccines.
 - CDPHE is offering all K-12 Colorado schools (public, private, charter, and tribal) a free and voluntary screening testing program for the 2021-22 school year that provides weekly rapid antigen tests and screening resources. Learn more [here](#).
- **Free masks for schools**
 - As part of ongoing efforts to slow the spread of COVID-19, the state and Gov. Polis are offering free KN95 and surgical masks to school districts, BOCES, charter schools, private schools and facility schools for staff and students. To learn more, [click here](#).
 - In a traditional classroom setting, if both parties are masked, quarantine is not required for an exposed individual.

Please reach out to the schools team with any questions regarding available resources, quarantine exemptions or to report positive COVID-19 cases.

COVID-19-Related Reporting or Inquiries

- To report a positive case of COVID-19 or an exposure during business hours (Monday – Friday, 7:30 a.m. – 4:30 p.m.):
 - Phone – (719) 578-3220 (must leave a message)
- To report a positive case of COVID-19 or an exposure after hours (24/7):
 - Phone – (719) 235-2278 (must leave a message)
- To email any of the above:
 - SchoolsCOVID19@elpasoco.com
- To report a positive case through our online reporting tool:
 - [Click here](#)