



Colorado WIC
Breastfeeding
Peer Counseling
**Texting
Program**

**Mom to mom
Breastfeeding support**

Receive breastfeeding information and get questions answered by text or phone during your pregnancy and after.



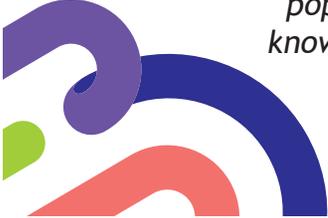
“The easy and fast way to get a question answered the moment it pops up. Along with knowing it is reliable and correct information.”
- WIC Mom



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Want to enroll? Just ask your WIC Educator.

A WIC Breastfeeding Peer Counselor is a mom who breastfed her baby and had questions too! Peer counselors:

- Share breastfeeding information and answer your questions by text and phone.*
- Are available after hours, weekends and holidays.
- Can connect you with a breastfeeding expert, if needed.



**Text messages and phone calls will be returned within 12 hours.*

After enrolling, your peer counselor will send you a text to introduce herself.

To exit, text STOP to incoming texts.



This institution is an equal opportunity provider.

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