

COVID-19 CLEANING GUIDANCE

This document provides some common definitions, guidance and actions you can take to help prevent the spread of COVID-19 in your home or establishment.

Cleaning

The removal of debris and germs, but it does not kill them.

Disinfection

The use of chemicals to kill germs on a surface. When conducted after cleaning, this can lower the risk of spreading infection.

High-touch surfaces

Any surface that routinely encounters a person's hands:

- Counter and tabletops
- Phones and tablets
- Toilets and sinks
- Doorknobs and handles

1. Protect yourself while cleaning and disinfecting

- Wear gloves while cleaning any surfaces
 - Disposable gloves are preferred; if using reusable gloves, ensure they are only used when cleaning for COVID-19.
 - Ensure good ventilation if possible.

2. Clean up surfaces

- High-touch surfaces
 - Remove debris from the surface first.
 - Clean surface with soap and water.
- Soft surfaces
 - Clean surface with soap and water or with cleaners appropriate for use on these surfaces.
 - Do not shake dirty laundry.
 - Launder items (if possible) on the warmest setting allowable.
 - Use disposable liner in hampers, or clean and disinfect after use .

3. Disinfect surfaces

- Use an [EPA-registered household cleaning product](#), making sure to follow manufacturer guidelines and consult label directions on the product.
- Diluted household bleach solution
 - Unexpired household bleach will be effective against COVID-19 when properly diluted.
 - For best results, consult label directions on the bleach product you are using.



1/3 Cup Bleach



1 Gallon Water



1 Minute Wet Contact Time

4. Wash your hands thoroughly with soap and water