

Help Prevent the Spread of Coronavirus (COVID-19)

HERE ARE SOME ACTIONS YOU CAN TAKE TO HELP PREVENT THE SPREAD OF COVID-19 IN YOUR HOME OR ESTABLISHMENT:

1 Protect yourself while cleaning and disinfecting

a. Wear gloves while cleaning any surfaces

- Disposable gloves preferred; if using reusable gloves, ensure they are only used when cleaning for COVID-19
- Ensure good ventilation if possible

2 Clean up surfaces

a. Porous Surfaces

- Remove debris from the surface first
- Clean surface with soapy water

b. Non-porous surfaces

- Do not shake dirty laundry
- Launder items on the warmest setting allowable
- Use disposable liner in hampers, or clean and disinfect after use

DON'T STOP HERE: GERMS CAN REMAIN ON SURFACES EVEN AFTER CLEANING!

3 Disinfect surfaces

a. Use an EPA-registered household cleaning product, or

Follow manufacture guidelines and consult label directions on the product you are using

b. Diluted household bleach solution

- Unexpired household bleach will be effective against COVID-19 when properly diluted.

For best results consult label directions on the bleach product you are using



1/3

Cup of
Bleach

+

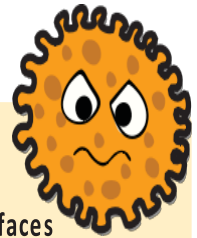
1

Gallon of
Water



c. All surfaces intended for food or mouth contact must be rinsed with plain water and allowed to air dry after disinfecting.

4 Wash your hands thoroughly with soap and water



Cleaning,
Disinfection &
High-touch surfaces

Cleaning: The removal of debris and germs but does not kill them.

Disinfection: The use of chemicals to kill germs on a surface. When conducted after cleaning can lower the risk of spreading infection.

High-Touch Surfaces:

Any surface that routinely encounters a person's hands.

- Counters & tabletops
- Phones & tablets
- Toilets & sinks
- Doorknobs & handles