



Prevent • Promote • Protect

Office of Communication

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We know there is a lot of concern circulating around public events and COVID-19. Please know, El Paso County Public Health is continuously monitoring and evaluating the COVID-19 situation in our area, and local leaders at the City, County and Public Health are in constant communication about how to best protect our community moving forward.

While Public Health is not currently recommending cancellation of events in El Paso County, we have some tips for keeping yourself healthy in social settings.

FOR HIGH-RISK POPULATIONS (people over 65, people with preexisting respiratory conditions and those with compromised immune systems) Public Health recommends that you practice “Social Distancing”, which means avoiding large crowds and social gatherings when possible. IF YOU’RE FEELING SICK, you should also stay home to prevent the spread of disease.

For the general population, considering the current status of COVID-19 in El Paso County (only one case at this time), our recommendations remain the same:

- Wash your hands often
- Cover your cough/sneeze
- Don’t touch your face, eyes or mouth

If you do choose to attend an event, take steps to protect yourself while at the event or in large crowds:

- Limit close contact with others and do not shake hands.
- Cough/sneeze into your elbow.
- Wash your hands regularly, if sinks and soap are unavailable use provided hand sanitizer or bring your own (use hand sanitizer with at least 60% alcohol).
- Avoid touching high-touch surfaces like elevator buttons, door handles, stadium arm rests and handrails. Use a tissue or your sleeve if you have to touch those surfaces.
- Avoid touching your face, nose and eyes.
- If you’re sick stay home, and do not attend events or social gatherings.

We will continue to update you about COVID-19 as more information becomes available. In the meantime, you can find plenty of helpful information about COVID-19 at [www.EIPasoCountyHealth.org](http://www.EIPasoCountyHealth.org).