

Breastfeeding? Get Support.



La Leche League of Colorado Springs is here to help through peer-to-peer support and monthly meetings. La Leche League International is a non-profit and non-sectarian organization that provides current breast/chest/human milk-feeding information, encouragement, and support to people who want to nurse their baby. Meeting topics include the benefits of breastmilk, newborn care, overcoming challenges, nutrition, and weaning. All nursing parents, babies/kids, and expectant parents are invited to attend any of our groups in or near Colorado Springs, CO. Meetings occur monthly:

Baby Cotton Bottoms

330 S. Nevada Ave.

1st Wednesday, 11am

Mary Louisa: 623-986-1452

Beginnings Birth Center

9475 Briar Village Point

1st Saturday, 10 am

Katie: 562-713-3246

Parenting partners welcome

Monument Library

1706 Lake Woodmoor Dr.

2nd Friday, 12pm

Kelley: 719-440-2477

East Library

5550 N. Union Blvd.

3rd Tuesday, 10am

Sarah: 719-232-1381



Enso Prenatal

10 S. 25th St.

3rd Sunday, 1pm

Michelle: 773-410-3060

Parenting partners welcome

To view our most current meeting schedule please visit our Facebook page:

www.facebook.com/llofcoloradosprings/

For free local help, call 719-481-2909 to speak to an accredited local La Leche League Leader.

Last update: March 2019