



Healthy Community Collaborative

**Healthy Eating.
Active Living.**

About the Healthy Community Collaborative

Over the past 15 years, the trend toward overweight and obesity has been steadily growing in El Paso County.

The Healthy Community Collaborative (HCC) is a stakeholder group of community partners, facilitated by El Paso County Public Health (EPCPH), who came together in 2011 to create an action plan to improve the health of the people of El Paso County.

By focusing community efforts and resources to increase healthy eating and active living in settings such as schools, worksites and in our neighborhoods, the **HCC will stop the upward trend of overweight and obesity in El Paso County by 2017 and reverse the trend by 2022.** The HCC is currently reviewing health data and selecting additional priorities for 2017 and beyond.

We welcome you to join us and learn how you can help affect positive change in our community.

Vision

The Healthy Community Collaborative will create and sustain healthier communities by inspiring health and wellness.

Mission

The Healthy Community Collaborative will achieve this vision by building an integrated system of community partnerships which puts practices into place that provide people the opportunity to have better health outcomes.

Contact

For more information, contact:
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Visit our website at:
www.elpasocountyhealth.org and
go to the **Healthy Community Collaborative** page.





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Goal Statement

Today in El Paso County approximately 6 out of every 10 adults are at an unhealthy weight, and more than 28 percent of children are overweight or obese. The trend toward overweight and obesity in our state and county has been steadily climbing upward in the past 15 years and is a contributing factor to the rise in diagnoses of type 2 diabetes, high cholesterol, and hypertension in both adults and children. The burden on quality of life and stress on the medical care system are substantial; now is the time to find solutions to improve healthy eating and active living for children and adults in El Paso County.

The Healthy Community Collaborative (HCC) is a stakeholder group of community partners who have joined together to create an action plan to improve the health of the people in El Paso County. The HCC consists of representatives from schools, hospitals and health systems, non-profit organizations, city and county government agencies, public health, medical providers, and interested citizens.

Since 2011, HCC has worked together to implement evidence-based strategies that address important behaviors and risk factors leading to poor diet and physical inactivity. The HCC implements strategies to increase healthy food options for both adults and children in settings such as schools, worksites, and in our neighborhoods, to increase opportunities for physical activity, and to promote other behaviors and policies that reduce risk for obesity.

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Healthy Community Collaborative Members

Academy School District 20
Alliance for Kids
American Diabetes Association
AspenPointe
Beacon Health Options
Care and Share Food Bank for Southern Colorado
Cigna
City of Colorado Springs
City of Colorado Springs Parks, Recreation & Cultural Services
City of Fountain
City of Manitou Springs
Colorado Business Group on Health
Colorado College
Colorado Department of Education
Colorado Parks and Wildlife
Colorado Springs Fire Department
Colorado Springs Health Foundation
Colorado Springs Health Partners
Colorado Springs Chamber & EDC
Colorado Springs School District 11
Colorado State University (CSU) Extension
The Colorado Trust
Community Health Partnership
Community Partnership for Child Development (CPCD) - Giving Kids a Headstart
Council of Neighbors and Organizations
DentaQuest
El Paso County Community Services
El Paso County Public Health
Early Connections Learning Centers
Energy Resource Center
Falcon School District 49
Fort Carson Preventive Medicine/Public Health
Fort Carson Wellness Services

Girl Scouts of Colorado
Harrison School District Two
Inside/Out Youth Services
Kaiser Permanente
King Soopers/City Market
The Little Clinic
LiveWell Colorado Springs
Local Food Colorado Springs
Manitou Springs School District 14
NAACP
National Alliance on Mental Illness (NAMI)
OMNI Institute
Open Bible Medical Clinic
Partners for Healthy Choices
Peak Vista Community Health Centers
Penrose-St. Francis Health Services
Phil Long Dealerships
Pikes Peak Library District
Pikes Peak Suicide Prevention Partnership
Pikes Peak United Way
Planned Parenthood of the Rocky Mountains Inc.
Project Angel Heart
St. Francis Mission Outreach
SET Family Medical Clinic
Silver Key Senior Services
Teller County Public Health
Terra Essentials
Trails and Open Space Coalition
UCCS Helen and Arthur E. Johnson Beth-El College of Nursing & Health Sciences
UC-Health Memorial Hospital
YMCA of the Pikes Peak Region

Members as of January 2017