

**“Where do I find more information about immunizations?”**

## **Resources**

### **El Paso County Public Health**

www.elpasocountyhealth.org or (719) 578-3199

### **National Immunization Program of the Centers for Disease Control and Prevention**

www.cdc.gov/vaccines or (800) 232-4636

**Immunization Action Coalition**, a non-profit group seeking to boost immunization rates

www.immunize.org

or (651) 647-9009

### **Vaccine Education Center of the Children’s Hospital of Philadelphia**

www.chop.edu/service/vaccine-education-center



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*“Immunizations provide protection from diseases that are serious and potentially fatal. For instance, adolescents are at higher risk for meningitis than the overall U.S. population. Although this disease is rare, up to 12 percent of meningitis victims die, even with appropriate antibiotic treatment. Others are left with deafness, neurological problems or loss of one or more limbs. Yet vaccination has been proven to protect teenagers.”*

Bernadette Albanese, M.D., M.P.H.  
Medical Director  
El Paso County Public Health



# **Protect Your School-Age Children and Adolescents With Immunizations**

**Ages 7 through 18**

## **El Paso County Public Health**

*“Protecting and Promoting Public Health and Environmental Quality in the Community through People, Prevention and Partnerships”*



Prevent • Promote • Protect

This pamphlet was produced by  
El Paso County Public Health  
1675 W. Garden of the Gods Road  
Colorado Springs, CO 80907

Phone: (719) 578-3199

Website: [www.elpasocountyhealth.org](http://www.elpasocountyhealth.org)

# “Why are immunizations needed?”

## Immunization Facts

In 2010, 85.7 percent of Colorado’s teens had received the vaccine that protects them from tetanus and whooping cough. That’s higher than the national average. But we have much more work to do. About 60 percent of Colorado teens are protected by vaccination from invasive meningococcal diseases. About 2 in 5 has received the vaccine for cervical cancer. Make sure your teen receives the required and recommended vaccines now.

*“The use of vaccines to prevent serious and life-threatening diseases is one of the most important public health activities in the past 100 years.”*

Kandi Buckland, R.N., M.P.A.  
Executive Director  
El Paso County Public Health

# Immunizations from age 7 through age 18

## **Tdap (Tetanus, Diphtheria, Pertussis)**

Once, at 10 years of age or older

## **Human Papilloma Virus**

Girls and boys at age 9 or older, three-dose series

## **Meningococcal diseases**

At age 11-12, then a booster at age 16 (before college)

## **Influenza (seasonal)**

Annually in the fall

**\*These vaccinations are required if not provided previously in childhood**

## **Hepatitis A (recommended)**

Two doses at least six months apart

## **\*Hepatitis B**

Three doses (completed series)

## **\*Polio**

Four doses (completed series)

## **\*MMR (Measles, Mumps, Rubella)**

Two doses at least 30 days apart

## **\*Varicella (Chickenpox)**

Two doses at least 30 days apart (at least 90 days apart if younger than 13)



# “Where do I go to get immunizations?”



## **Family Doctor**

Contact your family doctor to schedule an appointment.

## **El Paso County Public Health**

(719) 578-3199

## **Services by appointment**

Current shot record needed for appointment.

## **Peak Vista Community Health Centers**

340 Printers Parkway

(719) 632-5700

[www.peakvista.org](http://www.peakvista.org)