



# Zika Virus

## ***What is it?***

Zika is a disease caused by Zika virus that is spread to people through the bite of an infected mosquito. The illness is usually mild.



## ***Who is at risk?***

Pregnant women and women of childbearing age **traveling to affected countries** are most at risk.

Women in the high risk category should talk to their health care provider prior to travel.



**El Paso County does not have the mosquito which carries Zika virus. Aedes species need a warm, humid climate during its entire life cycle. In Colorado, our winters break that cycle.**

**For more information and a list of affected countries, please visit: [www.elpasocountyhealth.org/zika-virus](http://www.elpasocountyhealth.org/zika-virus)**

**Questions about Zika Virus?  
Please call CO Help at 1-877-462-2911**