

# What's Going Around: A Weekly Communicable Disease Report

## Diseases and Conditions Reported During February 2—February 8, 2020

This report is a weekly snapshot of communicable diseases reported in El Paso County, as well as a report of disease trends and local health alerts. El Paso County Public Health's Communicable Disease Program partners with the medical community and the public to limit and stop the spread of diseases in our community.

### Diseases Reported February 2– February 8, 2020:

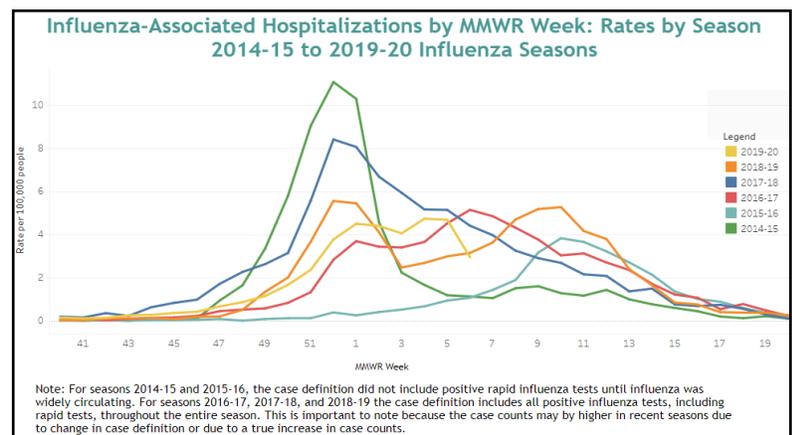
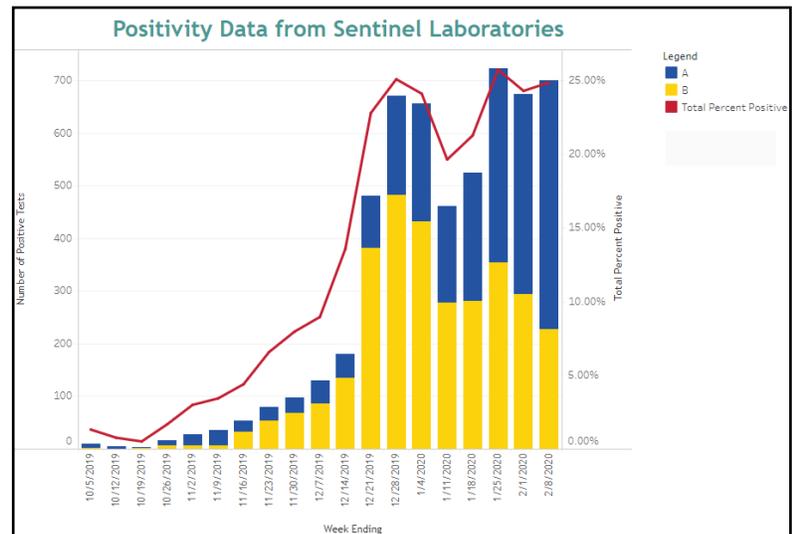
- 4 Animal Bites— 2 pediatric, 2 adults
- 6 Hepatitis C, Chronic— adults
- 33 Influenza, Hospitalized— 5 pediatric, 28 adults
- 1 Pertussis— adult
- 4 Salmonellosis— 2 pediatric, 2 adults
- 2 Strep Pneumo Invasive— adults

### Additional Reports:

- Total hospitalized influenza cases in El Paso County from September 29, 2019– February 8, 2020: 278
- Total number of animals that have tested positive for rabies in 2020: 0
- Gastrointestinal illness complaints, possibly foodborne, associated with a retail food establishment: 3

## Health News: Update on Influenza Season

- The 2019-2020 influenza season began on September 29, 2019 and will run through May 16, 2020.
- The geographic spread of influenza activity in the state of Colorado is widespread. As of February 8, there have been 2,095 reported influenza hospitalizations throughout the state. El Paso County has had 278 reported influenza hospitalizations.
- Individual cases of influenza are not reportable to EPCPH, however, data is collected for influenza-associated hospitalizations, pediatric influenza deaths, and outbreaks.
- There have been three pediatric influenza deaths in Colorado this season. EPC has not had any pediatric influenza deaths.
- Influenza B (Victoria) and influenza A (H1N1) have been the predominant circulating strains for the 2019-2020 season. Influenza A (including all subtypes) has accounted for 58 percent of influenza-associated hospitalizations, while influenza B has accounted for 41 percent.
- Influenza-like illness patient visits to outpatient clinics was 8.3 percent for the week ending on February 8th. This is above the baseline level of 5.05 percent.
- Influenza affects all age groups. The current influenza-associated hospitalization attack rate for Colorado residents is 2.94 per 100,000. However, hospitalization rates are currently higher amongst children under five and adults over 65. In Colorado this season, the attack rate is 78.8 per 100,000 for children under five and 82.4 per 100,000 for adults over 65.
- For weekly updates on the influenza season, please visit the following link: [www.colorado.gov/pacific/cdphe/influenza](http://www.colorado.gov/pacific/cdphe/influenza)



**Questions? Please Contact:**

**El Paso County Public Health CD/TB Program**  
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 Colorado Department of Public Health and Environment  
 (303) 692-2700; after-hours emergency: (303) 370-9395  
[www.elpasocountyhealth.org](http://www.elpasocountyhealth.org)  
[Reportable Diseases and Conditions List](#)